

Organised by

**Tommy's**

Together, for every baby



# LONDON LANDMARKS HALF MARATHON 2020



**VOLUNTEERING  
OPPORTUNITIES**



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# WHY WE NEED YOU!

**'You will be a part of a fantastic central London sporting event, supporting 14,000 participants and helping 215 charities raise millions of pounds! LLHM is entering its third year and to date has raised over £12.2 million for charity.**

**This year promises to be bigger than ever and we need your help to make that happen. If you want to be part of this epic event, then read on to hear more about the fantastic roles we have.**

**We need enthusiastic, proactive, and practical individuals who are prepared to be placed in a wide variety of essential and fun roles at the event.**

**Thanks for your support - we look forward to working with you.'**

**- The LLHM and Human Race Team**



# WHAT SKILLS DO YOU NEED?

- Great interpersonal and communication skills
- Initiative
- A willingness to work as part of a team
- Enthusiasm and a pro-active attitude
- A flexible approach
- Happy to be outside





**DIFFERENT  
ROLES  
AVAILABLE**



## **BEFORE THE START**

### **MEET AND GREET TEAM**

We are looking for friendly and enthusiastic volunteers to join our meet and greet team.

This is a really important position as you will be the first members of the team that our participants meet when they arrive on event day.

This is a really fulfilling role as you will

get to meet hundreds of our runners and have the chance to welcome them to London, put a smile on their face, and get them motivated for their run.

A good knowledge of London and how to get around is a bonus, so you can advise our participants on how to get to the starting area and to get home.

# START AND FINISH AREA

## HELPING WITH THE MANAGEMENT OF THE START

We need enthusiastic and friendly volunteers who can join our start team to motivate and inspire all our runners before they set off on their challenge.

With direction from your team leader, you will be required to help control the flow of our 14,000 runners, helping them start in the right place, at the right time and with a smile on their face.



## WELCOMING BACK RUNNERS INTO THE FINISH AREA



We need all singing all dancing, happy, cheering volunteers to welcome our runners across the finish line and to congratulate them on their achievement.

You will be adorning them with their well-earned medals and handing out water etc.

## HELPING OUT AT BAG DROP-OFF / COLLECTION

This is a crucial area to the success of the event. We have thousands of runners turning up to run a half marathon and the vast majority will bring a bag with them.

This area needs to be looked after by a dedicated team of friendly volunteers who can help to run the bag area like clockwork.



## MARSHALLING

This is a crucial event role. Positioned at key points around the route, you will be part of a team who are our eyes and ears on the course. You'll help direct our runners in the right direction whilst cheering them on and keeping them motivated. You will need to be loud and energetic no matter what the weather.

You may also be located at key crossing points across the route to ensure that members of the public can safely cross the route. For this role you will need to be confident, friendly and be prepared to use your voice.



## DRINKS STATIONS



This is where our runners can grab a quick drink and maybe a moment's rest. We need a team of friendly, welcoming volunteers to support our runners when they need it most. You are essential to keeping them feeling positive, hydrated and getting them back out running again.

## EXPERIENCES

We will have quirky and exciting experiences around the route for our participants. We would love people who are happy to dress up, partake and fully embrace them. You could be re-enacting a Roman Gladiator scene, taking part in historic games at Dr. Johnsons house, donning your sash and waving your flag for Womens Rights as a Suffragette or be part of our dramatic bowler hat send off at the start line.\* These roles help inspire our participants and their supporters alike, giving them a insight to some of the hidden wonders of London.

(\*all characters / experiences are examples and subject to change.)





# PART OF A GROUP?

If you are part of a community group, company or social club that are interested in volunteering, we would love to hear from you!

Volunteering as a group is a great way to boost team morale and working together.

Whether you are in a group of 5 or 50 there are plenty of great opportunities on event day where you can volunteer together.

You can sign up as a group online or for more info, please contact us at [Volunteers@humanrace.co.uk](mailto:Volunteers@humanrace.co.uk) or call **0208 391 3913**





# EVENT DAY INFORMATION

## How Much Time Do You Need To Commit?

Your shift will be a maximum of 8 hours, but some may be shorter depending on the location, the role you are given / the area in which you will support. A rough idea of the time period within which the various shifts will start & finish is from 07.00 - 16.30.

Please note we will not know the exact shift timings until nearer the event date and so more accurate information will be sent to you by the event volunteer team 2-3 weeks before the event.

## What Support Will You Be Given?

A member of the team will be in touch before the event to send you a full briefing about your role. A team leader will brief, guide, support and work closely with you on the day at the event.





# WHAT ARE THE BENEFITS?



Your very own LLHM Volunteering Medal



Lunch and refreshments provided



The satisfaction of knowing that you are making a valuable contribution to the event that is helping to raise vital funds for lots of charities.



The opportunity to develop communication and event skills.



Experience supporting an iconic central London sporting event!



The enjoyment of meeting new people and being part of our team.



The knowledge that you will have made a positive impact and provided invaluable support, improving the experience of participants and spectators.



# HOW DO I SIGN UP?

**CLICK HERE  
TO SIGN UP!**

To sign-up, simply fill in our quick online [registration form](#) by clicking the box on the left.

or

for more information please visit:  
[llhm.co.uk/volunteer](http://llhm.co.uk/volunteer)

We hope this brochure has answered all of your questions but if you do have any please contact us at [Volunteers@humanrace.co.uk](mailto:Volunteers@humanrace.co.uk) or call **0208 391 3913**.

**WE LOOK FORWARD TO WELCOMING  
YOU TO THE TEAM!**